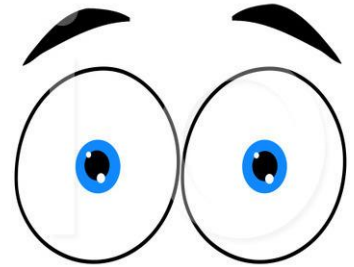


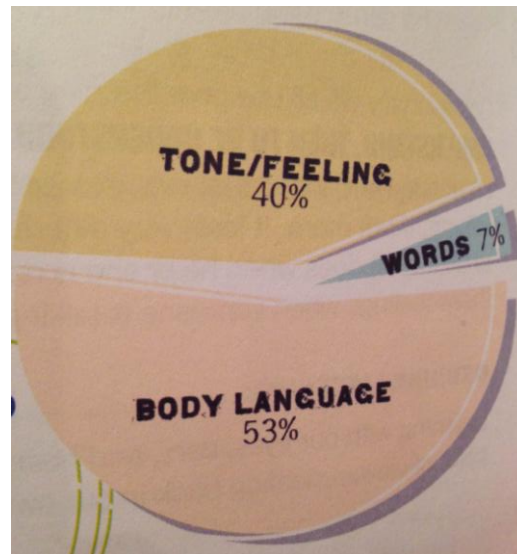
Name: _____



"Eye See You"

Your body language speaks a lot louder and clearer than the words that you use. Leaders know this. Seek First to Understand is the habit of communication. Practicing this habit means owning what you're communicating, whether you like it or not.

Your tone of voice and body language account for 93% of communication.



Nonverbal Communication Video Study

What is one thing you learned about tone of voice?

What is one thing you learned about body language?