



Name: _____

Levels of Communication

Seek first to understand, then be understood for real communication to occur. We show leadership when we use our ears, eyes and heart to communicate.

Think back to the pie chart last week.

How much weight do **words alone** hold in communication? _____%

How much weight do **words and tone** hold in communication? _____%

How much weight do **words, tone, and body language** hold in communication?
_____%

What are the 3 major ways that we communicate? What percent corresponds to the forms of communication below?

words/text	phone conversation	in person
_____%	_____%	_____%

What are some examples of using words/text when communicating?

Think about your own daily communication. What percent do you use each of these techniques per day?

words/text	phone conversation	in person
_____%	_____%	_____%

What form of communication do you think is most effective? Why?