

Name: \_\_\_\_\_

# More than Words



*Think of an event or a situation in which your emotions were really high.*

*Circle the emotions you felt during the event or situation. If needed, add more words.*

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|---------|--------------|---------|-----------|
| ANGRY   | FRUSTRATED   | HAPPY   | NERVOUS   |
| JEALOUS | SAD          | ANXIOUS | SURPRISED |
| SCARED  | DISAPPOINTED | PROUD   | CONFIDENT |
| HOPEFUL | STRESSED     | LONELY  |           |

Tell your partner about the event or situation. Listen to your partner tell you about his or her event or situation.

What did you notice about your partner's body language and tone while he or she was talking?

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How do body language and tone help us understand what someone is saying?

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What did your partner do to be a good listener?

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