

Partner Talk

Body language is visual feedback. It can be positive visual feedback or negative feedback. Listening with our eyes can tell us a lot!

Imagine you are talking to your mom. She isn't saying much, but is using body language. What would each of these tell you?

1. Folded Arms –
2. Nodding –
3. Eye Rolling –
4. Shrug –
5. Avoiding Eye Contact –

Observation Activity – In groups of 3, designate an observer, speaker, and listener. The speaker will explain how eyes help communication and the importance of body language. Using the checklist, the observer will rate the listener. Repeat until everyone plays each role.

_____ Listener is facing the speaker

_____ Listener makes eye contact with the speaker

_____ Listener slightly leans toward the speaker

_____ Listener uses gestures and nods

What other body language did you observe from the speaker or the listener?